



Clearly Define Disrespect

D•I•S•R•E•S•P•E•C•T

The New and Improved Definition

Patrick,

I will now literally and exhaustively define the term “disrespect.” You will be considered disrespectful if you do any of the following things:

- 1) Use the word “no” or refuse to do what I ask the first time – like clean your room, wash the dishes, feed the cat, etc.
- 2) Swear, yell or use gestures, like rolling your eyes or mumbling under your breath.
- 3) Mimic me in an unflattering manner.
- 4) Follow me all over the house, nagging me when you don’t get your way.
- 5) Tell a lie (that I can prove is a lie).

As your mother, I reserve the right to add to this list at any time if you come up with new disrespectful behaviors in the future.

Love, Mom

MOM’S AGREEMENT

I will agree to stop nagging and showing disrespect in the following way:

- a. I will not nag Patrick about his homework. Instead, he will present a weekly progress report to me on Friday no later than 3 pm.
- b. I will refrain from calling my son names and putting him down through statements like “You are good for nothing,” “lazy,” “a disappointment,” or “worthless.”

Consequence:

A violation of either “a” or “b” will result in an automatic fine of \$10.00 out of my own pocket. This money will be placed in a big fine jar on the kitchen table for all to see.

PATRICK’S AGREEMENT

I will agree to stop showing disrespect to my mom in the following way:

- a. I will show respect to my mom by bringing the weekly progress report on Friday and lifting my percentage average for every class by at least 10 percentage points until I attain at least a C average or better. I cannot fall below a C average.
- b. I will show respect to my mom by doing my chores when she asks the first time.
- c. I will show respect for my mom by not swearing, getting in her face, pushing or shoving, or walking out on her in the middle of a sentence.

Consequences:

A violation of “a” will result in the removal of the car until mom receives a weekly progress report that shows a 10 percentage raise in each and every subject. The distributor cap shall be removed from the car to make it un-drive able and ensure compliance.

A violation of “b” will result in one weekend of grounding for each night either one or both chores are not completed by 5:00pm EST.

A violation of “c” will result in the loss of your car for an entire weekend. If the car has already been removed for school reasons you will be fined \$10.00 for each incident. If you do not have the money, personal items will be sold or you can pay it through extra chores. If you are violent on any level, the police will be called and charges filed.